

SIMON SCHMID

LIFE SHIFT

SHIFT STAFF MORALE IN ONE WORKSHOP

Life-changing, impact events with speaker
and coach, Simon Schmid.

life/shift
BY SIMON SCHMID

KEY CONSIDERATIONS



20 YEARS EXPERIENCE

Legacy of two decades of coaching providing access to different niches. Business is owner-managed with full and direct access.



MULTI-DISCIPLINARY SKILLS

Spanning health, bio hacking, performance, enduro athletics and corporate work. Simon is both a speaker and a coach. It has been shown that industry 'outsiders' to business units can provide fresh eyes and meaningful perspectives (Titus, 2018).



COMPELLING PERSONAL JOURNEY

Overcame massive personal trauma to thrive and help others.



TRUSTED

Already trusted by big corporates to run in person and online workshops.



ZERO RISK

Full money back satisfaction guarantee.

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The logo for Simon Schmid, written in a dark grey, cursive script font. It is positioned on the left side of the slide, partially overlapping a light blue vertical bar and a large blue circular outline.

VISION

Use the power of genuine relationship to fundamentally reimagine the way corporate staff are **supported**, with the goal of contributing to an internal culture of care and an authentic uplift in **low morale post-covid** (Deloitte, 2021).

REMOVE UNHAPPINESS AT WORK.



MEET SIMON

I didn't have an easy start. I learnt early on that you have to be your own hero and shape your destiny.

I suffered an unfortunate family tragedy when my stepdad murdered my mom at age 13. This triggered some big questions which I am now pleased to support others with.

From a second low point of divorce, business and financial collapse – I overcame it all. I rewrote my story, and now wake up in the life of my dreams – unlocking positive change and shifting lives.

Offering packages designed to assist individuals to achieve lasting results in the areas of their lives that matter most – personal growth, business, health, finances or relationships. My bespoke approach assists clients to perform better.

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MISSION

SHIFT MENTAL HEALTH IN THE WORKPLACE.

To meet people at their most 'stressed' location (work) to change lives.

BECOME THE LEADING MINDSET 'FIXER' IN CORPORATE.

To foster awareness and increase productivity, sustainably, by reimagining holistic mental health support and morale as an asset (The Health Foundation, 2021).



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AT A GLANCE

CUSTOM OPTION

Opportunity for tailoring & personalisation



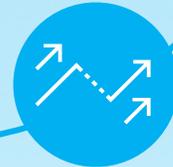
TURNKEY OFFERING

Packages ready to roll



DEEP KNOW-HOW

Domain expertise in health
& performance



COVID AGILE

Touchpoints can be: Online,
Offline, In person

THE TEAM



Simon Schmid

Founder

Speaker &
Coach



Karen Pape

Creative Director

Brand Custodian &
Designer



Diana Olver

IT

Systems &
Back-end



Thandi Dlamini

Customer Service

Support &
Customer Happiness

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THE GROUP OFFER

2nd Phase optional, but recommended

Breakthrough



Life shift workshop

- 1 day workshop 1000£
- 1/2 day workshop 500£

+ weekly Q&As for 3 weeks
+ 3 red flags / SOS vouchers
+ full report

Momentum



Follow up workshop

- 1 day workshop 1000£
- 1/2 day workshop 500£

+ weekly Q&As for 3 weeks
+ 3 red flags / SOS vouchers
+ full report, assessing improvement

We believe in accelerating the process for groups, and we don't seek to "hook" you in to multiple ongoing sessions. Specifically, we suggest drop in intensive workshops. We then setup channels of support and allow for "SOSes" for staff as needed (due to burnout, diagnosis, divorce, death, etc.)

We also offer a flexible bespoke approach to align with adhoc or existing needs

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THE ONE-ON-ONE OFFER



Personal Coaching

This is intended for C Level, Management or identified appropriate members of staff.

	STARTER OFFER	BASIC	FULL ACCESS	PAY-AS-YOU-GO
Monthly <small>Following an estimate of months based on challenge/goal</small>	£250 /1st month (Once-off Offer)	£500 /mo Billed monthly	£1000 /mo Billed monthly	Custom Billed monthly
Daily access <i>(Whatsapp)</i>			✓	
1hr Intensive	1		4 <i>(weekly)</i>	£250 /session
30 min session <i>(Check in)</i>	1 <i>(Follow up)</i>	4 <i>(weekly)</i>	2 <i>(biweekly)</i>	£150 /session
SOS calls		4 <i>(monthly)</i>	unlimited	
Video messages			✓	

Further option to match budget available.

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ALTERNATIVES

COACHING OFFERINGS UK	STARTS AT	DURATION
Michael Serwa	10,000£	6 weeks
The Hoffman Process	3,500£	7 days
Peter Crone	55,000£	3 months

WHY GO AHEAD?



DUAL BENEFIT

Workplace morale is a systemic driver of happiness for both management and staff.



RISE OF CYNICISM

According to the recent Havas Report on Meaningful Brands, cynicism has been raised as a concern, highlighting the gap between what companies claim and do (Havas, 2021). Increased staff care can bridge that gap on the ground.



RAPID RESONANCE

As an outsourced player who is skilled at connecting with people, Simon can achieve trust, report and resonance quickly for strong results.



NEW YEAR IS PERFECT TIMING

A new year a great time to engage a strong start to 2022.



ZERO RISK TO YOU

With the satisfaction or refund guarantee, you face no risk. Furthermore, Simon is already trusted by business with great feedback.

TESTIMONIALS



It is impossible to put into a few lines the impact that Simon has had on our lives. Anything is possible now. He has given my team, and me (through personal coaching) their mojo back with a no nonsense results oriented approach. Work life balance is no longer out of reach....in fact, Nothing is!

Thank you Si for giving us wings.

**ARLENE HAYNES - BI
BRAUN**

SIMON SCHMID

TESTIMONIALS



It's no exaggeration when I say he has made a fundamentally positive impact on my way of managing health and wellbeing. From the focus of my 'Why' to the Fitness elements. I'm shedding pounds and feeling energized again!

Thanks a million.

ROBBIE SWAN - EQUINIX

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TESTIMONIALS



Simon is engaging, warm, dynamic, confronting and a really smart businessman ... his black and white way is such a fresh approach to lifestyle coaching.

EMMA SWARTZ - RARE LIFE

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perform better.

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LET'S TALK

I will be in touch to see if we can setup a chat.

Feel free to contact me at any time: me@simonschmid.co | www.simonschmid.co | + 44 7470 731475

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thank you.

A handwritten signature in white ink that reads "Simon".

REFERENCES:

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